

Avena Plus

Supplement Facts

Serving Size: 30 g

	Amount per serving	% DV*
Calories	50	
Total Fat	0.49 g	0%
Total Carbohydrate	11.11g	4%
Dietary Fiber	2g	7%
Total Sugars	9.5 g	
Protein	2.8 g	
Calcium	17mg	0%
Sodium	95mg	4%
Potassium	49mg	0%

Active Ingredients: Organic Oatmeal, †
Organic Cane Juice, Organic Flax
Seeds, Organic Oat Fiber, Organic
Rice Protein, Organic Guar
Gum, Organic Cinnamon.

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value Not Established.

Other Ingredients: Organic Vanilla, Sea Salt.