

Breakfast Bowl

Supplement Facts

Serving Size: 16 g

	Amount per serving	% DV*
Calories	20	
Total Fat	0.39 g	0%
Total Carbohydrate	3.89g	1%
Dietary Fiber	0.7g	3%
Total Sugars	1.6g	
Protein	1.15 g	
Calcium	17mg	0%
Sodium	33mg	1%
Potassium	50mg	0%

Active Ingredients: Instant †
Oatmeal, Coconut Flakes, Organic
Oat Fiber, Organic Rice Protein, Apple
Flakes, Banana Flakes, Flax Meal,
Blueberry Flakes.

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value Not Established.

Other Ingredients: Organic Coconut Sugar, Vanilla, Sea Salt.